



My Parkinson's Travel Passport

Essential medical information



I have Parkinson's disease and it affects my ability to speak, coordinate and initiate movements.

How can you help me?

Please:

- Give me time when I am walking, talking and eating
- Speak normally and be patient when I find it difficult to make myself understood
- Be aware that Parkinson's affects facial muscles, and smiling can be difficult.
I may not be able to respond as you would like me to
- Do not push or pull me if I am finding it difficult to move
- Ensure that I am sitting down before giving me a drink
- Do not walk away from me if I am experiencing difficulties.

Most of all, please be patient and give me time.

Thank you!

MY PERSONAL DETAILS

First name:

Family name:

Date of birth:

Address:

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Town/city:

Country:

Postal/zip code:

Telephone (inc. country code):

Mobile/cell (inc country code):

Email:

MY DOCTOR'S DETAILS

My doctor:

Doctor's practice address:

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Doctor's telephone/mobile (inc. country code):

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EMERGENCY CONTACTS

First person to notify:

Relationship to me:

Telephone/mobile (inc country code):
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E-mail:

Second person to notify:

Relationship to me:

Telephone/mobile (inc country code):
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E-mail:

My doctor:

Doctor's practice address:

Doctor's telephone/mobile (inc. country code):

MEDICATION I SHOULD NOT BE GIVEN

- Metoclopramide
- Cyclizine
- Anti-psychotics (e.g. haloperidol)
- Prochlorperazine
- Atypical anti-psychotics (e.g. risperidone, olanzapine)
–but may be safer than typical agents

PLEASE NOTE:

If I require an anti-emetic (anti-sickness), use domperidone
If I require an anti-psychotic, use quetiapine

- Pethidine and other opioids (pain killers) should not be used at the same time as selegiline and rasagiline

PERSOONLIJKE TIPS PATIËNT

Neem altijd uw medicijnen op tijd in met voldoende vocht. Hierdoor krijgt u minder schommelingen in het effect en voelt u zich beter.

Bent u een medicijn vergeten, neem het dan zo snel mogelijk in. De tijd tussen deze inname moet gelijk zijn aan de tijd tussen de andere innamen. Neem geen dubbele dosis in!

Stop nooit medicatie zonder het advies van de neuroloog.

Levodopa (prolopa, Stalevo ...) neemt u best een half uur voor of na de maaltijd in. Neem deze medicatie nooit samen met een maaltijd.

DEEP BRAIN STIMULATION

ADDITIONAL INFORMATION DEEP BRAIN STIMULATION

I have had deep brain stimulation (DBS)

My DBS system consists of a pacemaker-type device located in my upper chest or abdomen with cables that travel up my neck and pass beneath my scalp. I have visible scars on my head indicating where electrodes were implanted during DBS surgery.

I received a neurostimulator on:/...../.....

Device serial number:

Name of hospital and country:

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ADDITIONAL INFORMATION DUODOPA

DUODOPA® INTESTINAL GEL AND INFUSION PUMP

Duodopa® is a levodopa/carbidopa medication that comes in the form of a gel. The gel is contained in a cassette that is attached to the pump during use. The medication is administered through tubes inserted directly into the gut (small intestine) using an electronic pump. The pump should only be handled by someone who is familiar with the device.

I may experience difficulties handling my Duodopa pump and tube connections, which could lead to complications. It may be necessary for a carer to assist me.

My medication is administered as a continuous intestinal infusion by a pump.

I received my levodopa/carbidopa pump on:

...../...../.....

Pump serial number:

IMPORTANT

My Duodopa should not be stopped and/or the dose should not be reduced unless so directed by an experienced doctor. Suddenly stopping or lowering my dose quickly may cause a serious problem.

- My pump can be used safely on airplanes and will not interfere with the aircraft's instruments, including during take-off and landing.
- If I require general anaesthesia, treatment with levodopa/carbidopa may be continued for as long as I am permitted to take fluids and medicines by mouth.
- Cassettes should be refrigerated or kept cool (2°C to 8°C) at all times and protected from sunlight.
- Cassettes can be used for up to 16 hours once at room temperature.

IMPORTANT ADITIONAL NOTES:

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